

DR. NIRMALADEVI P MD SIDDHA MEDICINE

CURRENT DESIGNATION

Assistant Professor/ Lecturer
Santhigiri Siddha Medical College,
Trivandrum (DT),
Kerala.

SPECILIZATION

- Proficient in Siddha and Allopathic Medicines
- Dysmenorrhoea
- Amenorrhoea
- PCOD
- Obesity
- Psoriasis
- Diabetes
- Arthritis
- Wounds
- Diarrhea
- Respiratory
- Illnesses
- Eczema
- Thyroid disorders.

CERTIFICATIONS

Specialized Yoga Techniques

- Yoga Mudra: Preventive measures for diseases and induction of normal delivery.
- Kayakalpa and Simplified Kundalini Yoga through World Community Service Center.

PARTICIPATION AND LEARNIN

- Children Science Festival 1990.
- Second National Siddha Conference 2001.
- First Aid and Emergency Care in Tuticorin.
- Continuous Medical Education.
- Anemia Research Methodology.

-  Dharmapuri, India 636705
-  +91 93855 66986
-  drnirmaladevi.2587@gmail.com
-  [Bold Profile](#)

PERSONAL INFORMATION

- Date of Birth: 07/27/80
- Age: 43
- Gender: Female
- Nationality: India
- Fathers Name: Mr. S. Palanisamy
- Mothers Name Mrs Kamala Palanisamy

REGISTRATION NO

2587; Siddha

TEACHER CODE

SDKM00064

SKILLS

YogaMudra

KayaKalpam

AruvaiMaruthuvam

KuzhanthaiMaruthuvam

First Aid and Emergency Care

Yoga for special kid

Combat Psychological and
Respiratory Problems of Covid-19

PROFILES

- Treated Rheumatoid Arthritis with Keel VayuNivarana Chooranam as part of MD research project.
- Presented a paper on yoga for special kids as a pediatric yoga trainer in Adhura School, Kancheepuram, as part of the National Rehabilitation
- Program for Special Kids.
- Participated in an International Webinar on Combat Psychological and Respiratory Problems of Covid-19.

PROFESSIONAL OBJECTIVE

The objective is to serve the people by using my medical qualification and experience and my desire is to help them/guide them in maintaining good health and to keep them away from sufferings of any diseases. I want to practice in your prestigious institution with the assistance of learned & experienced Doctors of your esteemed institution, where I can learn many things to improve my knowledge and pave the way for my future goals. I hope that my qualification, experience and knowledge can be utilized for the maximum benefit at your organization.

Experience summary:

ACCOMPLISHMENTS

Research Paper :

1. *Systemic validation of mono-herbal Siddha formulation Kanduparangi chooranam through ICP-OES, GC-MS and microbial contamination analysis*
GSC Biological and
Pharmaceutical Sciences
September 2023

2. *Evaluation of Binding Affinity of Seenthil Kudineer Ingredients with Enzyme RNA-Dependent RNA Polymerase of Dengue Virus through Molecular Docking In-silico Approach*
Indian Journal of Natural Sciences.
February 2024

3. *Evaluation of Anti-vitiligo properties through an In-silico Computational screening of Selected Herbal Bioactive Components with the target protein Tyrosinase*
International Journal of Ayurvedic Medicine (IJAM).
March 2024

4. *A Siddha Management of Attai vidal with internal and external medicines for Naalavibatha Punn (Varicose Ulcer): A Case Report*
International Journal of Ayurvedic Medicine (IJAM).
March 2024

Oral Presentation topic:

- <https://www.linkedin.com/in/dr-nirmaladevi-palanisamy-529329276>

LANGUAGES

Tamil

Native or Bilingual

English

Full Professional

Hindi

Full Professional

Malayalam

Professional Working

1. *The efficacy of Arjun forte in a clinical case study of Hyperlipidemia.*

National conference Guindy-2022.

Management of childhood Asthma with siddha herbal formulations - A CASE REPORT.

2. *International conference on significance of Medicinal plants in siddha system of medicine: issues and challenges -2023_Sivaraj siddha medical college, salem -636307.*

3. *Symptomatic Management, Non Operatable, benign Arachnoid cyst with Pediatric Siddha Management
Ancient wisdom of siddha medicine in preventive & Promotive Health care -National conference - Kallaivaanar arangam , Chennai.*

4. *Yoga for special children*

National Institute For Empowerment of Persons with Multiple Disabilities, Kovalam ECR, Chennai-603112.

CONFERENCES/ SEMINOR/WORKSHOPS

1. *Department of Pothu Maruthuvam,
GSMCH, Palayamkottai on 13th June 2018*

2. *Emergency Care Update Programme -CME
Sri Sakthi Hospital, Xavier's Colony,
Tirunelveli on 14th Sep 2018*

3. *AYUSH External Therapies - CME
Department of Sirappu Maruthuvam,
GSMCH, Palayamkottai on 4ch Dec 2018*

4. *Awareness on "HIV / AIDS"-CME
Department of Pothu Maruthuvam,
GSMCH, Palayamkottai on 5th Dec 2018*

5. *How to do a Good Dissertation & Publish-
Research Methodology & Bio-Statistics - 5 days Workshop
Department of Siddha, The Tamil
Nadu Dr. M.G.R. Medical University on 16th - 20th April 2018*

6. *Introduction to Bio-Statistics - 3 days Workshop
GSMCH, Palayamkottai & Model Rural Health Research Unit , Kallur,
Tirunelveli Under National Institute of Epidemiology,
ICMR on 30th July - 1st Aug 2018*

7. *Epidemiological Evaluation of Expeditious Ethnic Siddha Medicine -
State Level
Seminar
Department of Research Methodology & Bio-Statistics, GSMCH,
Palayamkottai on 25th Sep 2019*

8. *Animal and Non-animal methodologies in Biomedical Research -
National
Colloquium*

S.A.Raja Pharmacy College , Vadakkangulam on 2nd Nov 2019

*9. Siddha Bio-Cleansing and Detoxification
Techniques -One day Workshop
Association of Siddha Hospital and Clinics,
Madurai on 17th Nov 2019*

*10. Mainstreaming of Siddha System of
Medicine in the Management of NCD in Public Health - National
conference
GSMCH, Palayamkottai and NIS,
Chennai on 8,9 Jan 2020*

DISSERTATION

A Study on KEELVAYU-MD Siddha Project. (Juvenile Rheumatoid Arthritis)
The Tamil Nadu Dr. M.G.R. Medical University,
TamilNadu - India.

WORK HISTORY

Assistant Professor (Kuzhandhai Maruthuvam), 06/2021 - Current
Santhigiri Siddha Medical College And Hospital, Thiruvananthapuram

Assistant Professor (Aruvai maruthuvam), 01/2021 - 06/2021
Santhigiri Siddha Medical College And Hospital, Thiruvananthapuram

Private Siddha Pediatrician & General Physician, 01/2005 - 12/2020
Private Clinic, Dharmapuri

- Over 15 years of experience as a Pediatrician & General Physician, providing medical care to approximately 5000 families.
- Diagnosed and treated patients suffering from chronic conditions.
- Collaborated with multidisciplinary teams for comprehensive patient management, resulting in better overall health outcomes.
- Diagnosed and treated various pediatric conditions, ensuring optimal health for patients.
- Teamed with other physicians, specialists, and health care providers to provide well-rounded care for complex cases.

Assistance Professor - Anatomy, 08/2016 - 05/2017
Santhigiri Siddha Medical College and Hospital, Thiruvananthapuram.

Duty Medical officer, 01/2014 - 07/2016
Shanmuga Hospitals Cancer Research Institute, Salem, TamilNadu
India

EDUCATION

**M.D Kuzhandhai Maruthuvam, The Tamil Nadu Dr. M.G.R. Medical
University, 10/2012**
Government Siddha Medical College - Palayamkottai

FirstClass 70%

B.S.M.S, The Tamil Nadu Dr. M.G.R. Medical University, 04/2003

Government Siddha Medical College - Palayamkottai

FirstClass - 68%

HSC, Maths Biology, 03/1997

Government Higher Secondary School,. - Dharmapuri

Graduated with 85%

SSLC, 03/1995

Government Higher Secondary School - Dharmapuri

Graduated with 84%

DISCLAIMER

I hereby declare that all the information furnished above and below are true and correct to the best of my knowledge.

Dr. P.Nirmaladevi MD(Siddha).